**Palliative Care Attitudes Scale (PCAS-9, v2.0)**

Perry, L. M., Hoerger, M., Malhotra, S., Gerhart, J. I., Mohile, S., & Duberstein, P. R. (2020). Development and Validation of the Palliative Care Attitudes Scale (PCAS-9): A Measure of Patient Attitudes Toward Palliative Care. Journal of pain and symptom management, 59(2), 293-301.

Perry, L. M., Sartor, O., Malhotra, S., Alonzi, S., Kim, S., Voss, H. M., ... & Hoerger, M. (2021). Increasing Readiness for Early Integrated Palliative Oncology Care: Development and Initial Evaluation of the EMPOWER 2 Intervention. Journal of Pain and Symptom Management.

Instructions: This section asks you some questions about your beliefs about aspects of health and healthcare, particularly something called a “Palliative Care Visit.” Palliative care visits are for patients who have serious illnesses or have symptoms or side effects that are difficult to manage. The visits usually involves the patient meeting with a team of providers, such as a doctor, a nurse, a psychologist, a nutritionist, and/or a social worker. The patient’s family can attend if desired. The visits usually focus on discussing ways to address physical symptoms and side effects or emotional concerns, but can also help patients with difficult decisions or end-of-life issues.

***[Emotion Subscale, reverse code]***

If, at your doctor’s suggestion, you began having palliative care visits…

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all stressful | A little stressful | Somewhat stressful | Very stressful | Extremely stressful |
|  |  |  |  |  |

1. How stressful would you find it to be overall?
2. How stressful would you find discussing severe physical symptoms or side effects, such as a painful bone tumor, severe nausea, or problems swallowing food?
3. How stressful would you find discussing emotions, like feeling sad, scared, or angry?

***[Cognitive Subscale]***

If your doctor suggested you began having palliative care visits…

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all | Very little | Somewhat | Quite a bit | A great deal |
|  |  |  |  |  |  |  |

1. Do you think the palliative care visits would help with physical quality of life?
2. Do you think the visits would help with feelings of sadness and depression?
3. Do you think the palliative care visits would help prolong life?

***[Behavioral Subscale]***

If you were diagnosed with a serious illness or had symptoms or side effects that were difficult to manage…

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 |
| Not at all likely | Slightly likely | Somewhat likely  | Very likely | Completely likely |

1. Would you be willing to go to a palliative care visit?
2. Would you try to schedule it as soon as possible?
3. Would you be willing to go on a monthly basis for several months if requested?